

## **The TimeKeeper™ Count Up/Down Timer with Clock**

### **Timer Mode**

1. Press **Reset** to select timer mode.
2. Turn knob to set desired time. *The **Select** button selects between setting minutes and seconds.*
3. Press the **Start/Stop** button to start the timer. *The **Mode** button selects between count up and count down modes. You may change between count up and count down modes while the timer is running. In count down mode, the timer stops when it reaches zero. In count up mode, the timer keeps running when the preset time is reached. Press and hold the **Mode** button to turn the beep on or off.*

*Press and hold the **Select** button to set the Wrap-It-Up time. Press the **Select** button again to set the Green warning time.*

### **Clock Mode**

1. Press **Clock** button to select clock mode.
2. The **Select** button selects displaying 12 hour time, military time or seconds. In 12 hour mode, the PM LED will be on for PM and off for AM. *Press and hold the **Clock** button to enter set time mode.*
  - 1) Turn the **Knob** to set the hours.
  - 2) Press the **Clock** button again.
  - 3) Turn the **Knob** to set the minutes.
  - 4) Press the **Clock** button again to return to normal display.

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## **The TimeKeeper™ Count Up/Down Timer with Clock Red-Yellow-Green Display**

- In the count down mode, the **Green** lamp comes on when the timer is started and begins to blink at the green warning time. In the count up mode, the **Green** lamp comes on at the green warning time..
- When the **Yellow** warning time is reached, the **Green** lamp goes off and the **Yellow** lamp comes on.
- When the timer reaches zero, the **Red** lamp comes on and the **Yellow** lamp goes off. In the count down mode, the timer stops when the **Red** lamp turns on. In the count up mode, the timer keeps running after the lamp turns **Red**.
- Press the reset button on the TimeKeeper™ to turn off the **Red** lamp.

Total time	Green warning	Yellow warning	Red warning
0:00 - 0:29	0:02	0:01	0:00
0:30 - 0:59	0:20	0:10	0:00
1:00 - 1:59	0:30	0:15	0:00
2:00 - 4:59	1:00	0:30	0:00
5:00 - 6:59	2:00	1:00	0:00
7:00 - 9:59	3:00	1:30	0:00
10:00-14:59	4:00	2:00	0:00
15:00-19:59	5:00	2:30	0:00
20:00-99:59	10:00	5:00	0:00

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