

**The TimeKeeper™ Count Up/Down timer with Clock and Presets**

**Timer Mode (hh:mm:ss)**

1. Press Reset to select timer mode.
2. Turn knob to set desired time The Select button selects between setting hours, minutes and seconds.
3. Press the Start/Stop button to start the timer.

*The **Mode** button selects between count-up and count-down modes. You may change between count-up and count-down modes while the timer is running. In count-down mode, the timer stops when it reaches zero. In count-up mode, the timer keeps running when the preset time is reached.*

*Press and hold the **Mode** button to turn the beep on or off.*

*Press and hold the **Select** button to set the Wrap-It-Up time.*

*Press the **Select** button again to set the Green warning time.*

**User Programmable Presets**

1. Setup the timer preset time to the desired time.
2. Set the green and yellow warning times the way you want them.
3. Also, select the desired count up/down mode and beeper mode.
4. If you want the preset to start the timer automatically, start the timer running.
5. Press and hold the desired **Preset** button to save the timer preset time, green and yellow warning times, timer count up/down mode, beeper mode and timer run status. When the display changes, the settings are stored.
6. To activate the **Preset**, a single button press will set the timer to the to the exact conditions that were saved.

**Clock Mode**

1. Press Clock button to select clock mode.
2. The Clock or Select buttons select displaying 12 hour time, military time or seconds. In 12 hour mode, the PM LED will be on for PM and off for AM.

*Press and hold the **Clock** button to enter set time mode.*

1. Turn the **Knob** to set the hours.
2. Press the **Clock** button again.
3. Turn the **Knob** to set the minutes.
4. Press the **Clock** button again to return to normal display.

*The **Clock** or **Select** buttons select displaying 12 hour time, military time or seconds. In 12 hour mode, the PM.*

**The TimeKeeper™ Count Up/Down Timer with Clock**

**Red-Yellow-Green Display**

- In the count down mode, the **Green** lamp comes on when the timer is started and begins to blink at the green warning time. In the count up mode, the **Green** lamp comes on at the green warning time..
- When the **Yellow** warning time is reached, the **Green** lamp goes off and the **Yellow** lamp comes on.
- When the timer reaches zero, the **Red** lamp comes on and the **Yellow** lamp goes off. In the count down mode, the timer stops when the **Red** lamp turns on. In the count up mode, the timer keeps running after the lamp turns **Red**.
- Press the reset button on the TimeKeeper™ to turn off the **Red** lamp.

*Press the **RESET** and **START** buttons at the same time to turn off the display.*

Total time	Green warning	Yellow warning	Red warning
0:00 - 0:29	0:02	0:01	0:00
0:30 - 0:59	0:20	0:10	0:00
1:00 - 1:59	0:30	0:15	0:00
2:00 - 3:59	1:00	0:30	0:00
4:00-99:59	2:00	1:00	0:00

The lamps follow the format of Toastmasters International.

**Timer Variations:**

Not all timer models can perform all the functions described in this document. Most timer models have a knob rather than up/down buttons to set the time. Not all timer models have a beeper.

- Count Down Timers have **Start** and **Reset** buttons.
- Count Down Timers with Clock have **Start, Reset** and **Clock** buttons.
- Count Up/Down Timers have **Start, Reset, Mode** and **Select** buttons.
- Count Up/Down Timers with Clock have **Start, Reset, Mode, Select,** and **Clock** buttons.
- Count Up/Down Timers with Presets have **Start, Reset, Mode, Select,** and one or more **Preset** buttons.
- Count Up/Down Timers with Clock and Presets have **Start, Reset, Mode, Select, Clock** and one or more **Preset** buttons.